

- Last time: an example of an  $H(t)$  that can be solved exactly (Rabi). Two state system with  $H = H_0 + H_t(t)$  and  $H_0 = E_1|1\rangle\langle 1| + E_2|2\rangle\langle 2|$  and  $H_1 = \gamma e^{i\omega t}|1\rangle\langle 2| + h.c..$  Suppose  $|\psi(t_0 = 0)\rangle = |1\rangle$ . Find the probability of finding the system in state  $|2\rangle$  at a later time  $t$  as given by Rabi's formula:

$$|c_2(t)|^2 = \frac{\gamma^2/\hbar^2}{\gamma^2/\hbar^2 + (\omega - \omega_{21})^2/4} \sin^2 \Omega t,$$

where  $\omega_{21} \equiv (E_2 - E_1)/\hbar$  and  $\Omega \equiv \sqrt{(\gamma^2/\hbar^2) + \frac{1}{4}(\omega - \omega_{21})^2}$ . Resonant enhancement of the transition amplitude when  $\omega \approx \omega_{21}$ . Of course  $|c_1(t)|^2 = 1 - |c_2(t)|^2$ . The times of growing  $|c_2(t)|^2$  are absorption and those of decreasing  $|c_2(t)|^2$  are emission.

Example spin magnetic resonance:  $\vec{\mu} = e\vec{S}/m_e c$  in  $\vec{B} = B_0\hat{z} + B_1(\hat{x} \cos \omega t + \hat{y} \sin \omega t)$ . Identify  $\omega_{21} = |e|B_0/m_e c$  and  $\gamma = |e|\hbar B_1/2m_e c$ .

- Maser (Microwave amplification of stimulated emission of radiation):  $\vec{E} = E_0\hat{z} \cos \omega t$ , e.g. for the ammonia molecule  $NH_3$ . Two parity states  $|\pm\rangle$  (or  $R$  and  $L$ ) such that  $\omega = (E_- - E_+)/\hbar$  is in the microwave region,  $H_1 = -\vec{\mu}_{el} \cdot \vec{E}$ .

- Time dependent perturbation theory. Some examples to keep in mind: (i) turning on a perturbation for  $t > t_0$ :  $H(t) = H_0 + H_1\Theta(t - t_0)$ ; (ii) turning on a perturbation for  $t_0 < t < t_1$ :  $H(t) = H_0 + (\Theta(t - t_0) - \Theta(t - t_1))H_1$ . Another case is a harmonic perturbation, e.g.  $H_1(t) = H_1 \cos \omega t$ , which can lead to stimulated emission or absorption. Some other changes that are not necessarily small perturbations are sudden or adiabatic changes (e.g. particle in a box that suddenly or adiabatically expands).

- The time dependence can be written in terms of the interaction or Dirac picture. Recall from lecture 1:  $i\hbar\partial_t U(t, t_0) = H U(t, t_0)$ . For the case of time independent  $H$ , this integrates to  $U(t, t_0) = \exp(iH_0(t - t_0)/\hbar)$ . In the Schrodinger picture one takes  $|\psi_S(t)\rangle = U(t, t_0)|\psi(t_0)\rangle$ , which then solves the Schrodinger equation. In the Heisenberg picture one instead puts the time evolution in the operators:  $\mathcal{O}_H(t) = U^\dagger(t, t_0)\mathcal{O}U(t, t_0)$ , which then evolve according to the quantum version of the Hamilton equations:  $\frac{d}{dt}\mathcal{O}_H = (i\hbar)^{-1}[\mathcal{O}_H, H] + \partial_t\mathcal{O}_H$ . Either way,  $P_{i \rightarrow f} = |\langle f|U(t_f, t_i)|i\rangle|^2$ .

For time-dependent perturbation theory it is convenient to use the interaction or Dirac picture, where  $H_0$  gives the time evolution of the operators and  $H_1$  gives time evolution of the states. Write time-dependent Schrodinger equation in terms of  $|\psi_I(t)\rangle = e^{iH_0 t/\hbar}|\psi(t)\rangle$  and  $H_1(t) = e^{iH_0 t/\hbar}H_1e^{-iH_0 t/\hbar}$ . This is going to the Heisenberg picture for the  $H_0$  part only, and leads to  $i\hbar\partial_t|\psi_I(t)\rangle = H_1(t)|\psi_I(t)\rangle$ , i.e. the  $H_1$  part is gives a Schrodinger picture

time evolution. This hybrid is called the interaction representation. Integrate to obtain  $|\psi_I(t)\rangle = |\phi_I(t_0)\rangle + (i\hbar)^{-1} \int_{t_0}^t dt' H_1(t') |\psi_I(t')\rangle$ . To first order in  $H_1$  replace  $|\psi_I(t)\rangle$  with  $|\psi_I(t_0)\rangle$  in the last term, and then iterate that to obtain

$$|\psi_I(t)\rangle = T(\exp(-\frac{i}{\hbar} \int_{t_0}^t H_1(t') dt')) |\psi_I(t_0)\rangle.$$

Here  $T$  is time-ordering.

• Write the SE:  $i\hbar\partial_t|\psi(t)\rangle = (H_0 + H_1(t))|\psi(t)\rangle$  and expand in the basis of eigenstates of  $H_0$ :  $|\psi(t)\rangle = \sum_n d_n(t)e^{-iE_n^{(0)}t}|n^0\rangle$ , and then the SE gives  $0 = \sum_n (i\hbar\dot{d}_n(t) - H_1(t)d_n(t))e^{-iE_n^{(0)}t/\hbar}|n^0\rangle$  and then get  $i\hbar\dot{d}_f = \sum_n \langle f^0|H_1(t)|n^0\rangle e^{i\omega_{fn}t}d_n(t)$ , where  $\omega_{fn} = (E_f^0 - E_n^0)/\hbar$ . If at time  $t = 0$  the system is in state  $|i^0\rangle$  then the first order result is

$$d_f(t) = \delta_{fi} - \frac{i}{\hbar} \int_0^t \langle f^0|H_1(t')|i^0\rangle e^{i\omega_{fi}t'} dt' + \mathcal{O}(H_1^2).$$