

• Last time: time independent, a.k.a. stationary state perturbation theory, continued  
 $H = H_0 + H_1$ , with  $H_0 \sim \epsilon^0$  and  $H_1 \sim \epsilon^1$ , and that we can do an expansion order-by-order in the small parameter, making corrections to the  $H_0$  case. To first order,  $E_{n,1} = \langle E_{n,0} | H_1 | E_{n,0} \rangle$  and

$$\langle E_{m \neq n, 0} | E_{n,1} \rangle = \frac{1}{E_{n,0} - E_{m,0}} \langle E_{m \neq n, 0} | H_1 | E_{n,0} \rangle, \quad \langle E_{n,0} | E_{n,1} \rangle = 0,$$

where the last condition is by a choice of overall phase. So

$$|E_{n,1}\rangle = \sum_m' \frac{|E_{m,0}\rangle \langle E_{m,0} | H_1 | E_{n,0} \rangle}{E_{n,0} - E_{m,0}} = \frac{P_{n\perp}}{E_{n,0} - H_0} H_1 |E_{n,0}\rangle$$

where  $\sum_m'$  means all states with  $E_{m,0} \neq E_{n,0}$  and  $P_{n\perp} \equiv 1 - |E_{n,0}\rangle \langle E_{n,0}|$ . Note that  $|E_{n,1}\rangle \equiv |n_1\rangle$  is not an eigenstate of either  $H_0$  or  $H_1$ ; it is the order  $\epsilon$  correction to the eigenstate of  $H$ . To second order

$$E_{n,2} = \langle E_{n,0} | H_1 | E_{n,1} \rangle = \sum_m' \frac{|\langle E_{m,0} | H_1 | E_{n,0} \rangle|^2}{E_{n,0} - E_{m,0}}.$$

Note that this is always negative for the ground state.

- Show that to the above order we have the expected result

$$E_n = \langle n | H | n \rangle = (\langle n_0 | + \langle n_1 | + \dots)(H_0 + H_1)(|n_0\rangle + |n_1\rangle + \dots).$$

$\langle n | n \rangle = \langle n_0 | n_0 \rangle = 1$  gives  $\langle n_0 | n_2 \rangle + \langle n_2 | n_0 \rangle + \langle n_1 | n_1 \rangle = 0$ , so  $\langle n_2 | H_0 | n_0 \rangle + \langle n_0 | H_0 | n_2 \rangle + \langle n_1 | H_0 | n_1 \rangle = \langle n_1 | H_0 - E_{n,0} | n_1 \rangle = -E_{n,2}$ , so to  $\mathcal{O}(\epsilon^2)$  get  $2E_{n,2} - E_{n,2} = E_{n,2}$ .

• Example: two-state system with  $H = \begin{pmatrix} E_{1,0} & V_{12} \\ V_{12}^* & E_{2,0} \end{pmatrix}$ . We can diagonalize this matrix to find the exact eigenvalues

$$E_{1,2} = \frac{1}{2}(E_{1,0} + E_{2,0}) \pm \sqrt{\left(\frac{1}{2}(E_{1,0} - E_{2,0})\right)^2 + |V_{12}|^2}.$$

The perturbative expansion follows by taking  $V_{12} = \mathcal{O}(\epsilon)$  and Taylor expanding this expression. Find

$$E_1 = E_{1,0} + \frac{|V_{12}|^2}{E_{1,0} - E_{2,0}} + \dots, \quad E_2 = E_{2,0} + \frac{|V_{12}|^2}{E_{2,0} - E_{1,0}}$$

In agreement with our above expressions. The first order correction to  $E$  vanishes, and the second order correction is BTW negative for the groundstate. The first order correction to the eigenstates to zeroth and first order are

$$|E_1\rangle = \begin{pmatrix} 1 \\ 0 \end{pmatrix} + \frac{V_{12}^*}{E_{1,0} - E_{2,0}} \begin{pmatrix} 0 \\ 1 \end{pmatrix} + \dots, \quad |E_2\rangle = \begin{pmatrix} 0 \\ 1 \end{pmatrix} + \frac{V_{12}}{E_{2,0} - E_{1,0}} \begin{pmatrix} 1 \\ 0 \end{pmatrix} + \dots$$

Can check that it agrees with above.

- Example: SHO with  $H_1 = \frac{1}{2}\epsilon m\omega^2 x^2$ , i.e. replace  $\omega \rightarrow \sqrt{1 + \epsilon}\omega$ . The ground state of the perturbed theory, to order  $\epsilon$  is computed from

$$V_{00} = \langle 0^{(0)} | H_1 | 0^{(0)} \rangle = \epsilon \hbar \omega / 4, \quad V_{2,0} = \langle 2^{(0)} | H_1 | 0^{(0)} \rangle = \epsilon \hbar \omega / 2\sqrt{2}.$$

Compute  $E_0^{(1)} = \frac{1}{4}\epsilon \hbar \omega$ , and  $|0^{(1)}\rangle = -\epsilon |2^{(0)}\rangle / 4\sqrt{2}$  and  $E_0^{(2)} = -\hbar \omega \epsilon^2 / 16$ , which indeed agrees with expanding  $\frac{1}{2}\hbar \omega \sqrt{1 + \epsilon}$ .

- Stark effect: put an atom in an external electric field, treating  $eE_0$  as a perturbation. Take  $H_1 = eE_0 z$  for an electric field along the  $\hat{z}$  axis (the electron charge here is  $-e$ ). Then  $E_{n,1} = eE_0 \langle E_{n,0} | z | E_{n,0} \rangle$ , which is zero by parity symmetry if the state is non-degenerate (e.g. in the ground state of the hydrogen atom). To second order,

$$E_{n,2} = e^2 E_0^2 \sum_m' \frac{|\langle E_{m,0} | z | E_{n,0} \rangle|^2}{E_{n,0} - E_{m,0}}.$$

It follows from the Wigner-Eckart theorem that  $\langle n', \ell', m' | z | n, \ell, m \rangle \propto \delta_{m', m} \delta_{(\ell' - \ell)^2, 1}$ . The second order shift can be understood as polarizing the system, and the change in energy is  $-\frac{1}{2}\alpha E_0^2$  (you'll check this in HW examples).

For degenerate states, there is generally an effect already at first order; we need to use degenerate perturbation theory.

- Degenerate perturbation theory: especially interesting case, where  $H_1$  splits the degenerate spectrum of  $H_0$ . Suppose the  $H_0$  eigenstates are  $|n_{0,k}\rangle$ , where  $k$  runs over the degenerate space of  $H_0$  eigenvectors with eigenvalue  $E_{n,0}$ , say  $k = 1 \dots K$ . Now  $H_1$ 's matrix elements on this space of states is a  $K \times K$  matrix. If we naively apply the above expressions, we run into problems with the denominator of e.g.  $\langle E_{m \neq n, 0} | E_{n, 1} \rangle = \frac{1}{E_{n,0} - E_{m,0}} \langle E_{m \neq n, 0} | H_1 | E_{n,0} \rangle$  in the degenerate subspace. The solution is to diagonalize the  $H_1$  matrix elements on this space, so we get 0/0 instead of 1/0. Also, diagonalizing  $H_1$  in the degenerate space is needed for a smooth  $\epsilon \rightarrow 0$  limit, since for any  $\epsilon \rightarrow 0^+$  the states are not eigenstates unless they diagonalize  $H_1$ . The eigenvalues of the  $H_1$  matrix

are the first order correction  $E_{n,1,k}$  values. The expression for  $|n, 1\rangle$  is similar to that in the non-degenerate case, where the  $\sum'_m$  is understood to be over states with  $E_{m,0} \neq E_{n,0}$ , i.e. excluding all of the states with energy  $E_{n,0}$ .

If some degeneracy remains at first order, one needs to diagonalize the matrix  $V_{n',n} + \sum'_m V_{nm}V_{mn'}/(E_{n,0} - E_{m,0})$  where we take  $H_1 \rightarrow V$  to reduce index clutter.